

SUPER FRIENDS 7!

INSIDE:

Welcome to
**Super
Friends7!**

Where PWRDF
Super Friends
work

Girls
Education

Super Friends
in action



Welcome to SUPER FRIENDS!

In the Anglican Church in Canada, we are Super Friends. We are friends with people from our communities and with others far

away around the world through The Primate's World Relief and Development Fund (PWRDF). Super Friends help each other by sharing

resources and learning from each other. Learning, health and good food to eat are things that belong to **all** Super Friends.

UN Convention on the Rights of the Child

Everyone has human rights—including kids! Ask your parents to read the whole UN Convention on the Rights of the Child.

Article 28: You have the right to a good quality education. You should be encouraged to go to school to the highest level you can.

Article 29: Your education should help you use and develop your talents and abilities. It should also help you learn to live peacefully, protect the environment and respect other people.

<https://resourcecentre.savethechildren.net/node/2829/pdf/2829.pdf>

WHY IS EDUCATION SO IMPORTANT?

Education lets us learn about the world around us and changes the world to make it better, for everyone. Education gives Super Friends the knowledge and skills they require to do their work in the world. Education is important to people of all ages, all genders and it has no limit—so we can keep learning for our whole lives!



Education is a human right. No matter where you live, all girls and boys have the right to go to school but in some countries children aren't able to go to school.



This board game will help you learn about the Sustainable Development Goals in a simple and child-friendly way. Ask an adult to help you with this and to play! To learn more:

<http://go-goals.org/>



Word Search

Circle the educational words in this word search. They may be in any direction.
(Solution on p. 7)

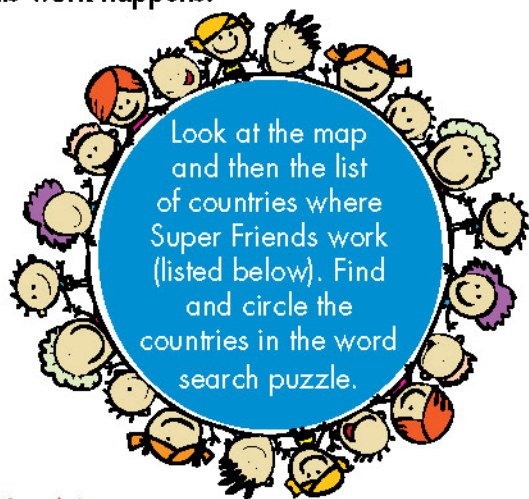
**SCHOOL
TEACHER
STUDENT
MATHEMATICS
LANGUAGE
KNOWLEDGE
PROFESSOR
CLASSROOM
BLACKBOARD**

Z	R	M	U	S	C	I	T	A	M	E	H	T	A	M
R	E	O	E	G	D	E	L	W	O	N	K	Z	B	F
G	H	O	K	J	Z	R	O	S	S	E	F	O	R	P
H	C	R	O	B	W	J	S	J	W	I	E	S	Y	C
K	A	S	M	G	H	N	S	C	H	O	O	L	X	Q
H	E	S	L	Y	F	L	A	N	G	U	A	G	E	X
S	T	A	W	J	T	Y	F	M	J	L	N	C	M	E
B	B	L	A	C	K	B	O	A	R	D	Q	F	U	Q
Z	S	C	S	T	U	D	E	N	T	Z	S	B	N	O

Where PWRDF Super Friends work



PWRDF works with Super Friends — all around the world. Above is a map that shows where this work happens.



Word List:

BANGLADESH
BURUNDI
CANADA
CUBA
EGYPT
EL SALVADOR
GUATEMALA








HAITI
INDIA
KENYA
MEXICO
MOZAMBIQUE
PERU
PHILIPPINES

RWANDA
SRI LANKA
TANZANIA
THAI-BURMA
BORDER
UGANDA

(Solution on p.7)

P	C	U	G	A	N	D	A	D	U																										
K	E	C	D	Y	H	I	E	T	M	K	Q	B	P																						
N	P	E	G	Y	P	T	G	T	Z	H	B	E	Z	T	U	V	Q																		
X	Y	P	W	W	B	N	M	X	I	Q	A	S	V	X	V	S	H	Y	B																
F	O	T	W	G	R	A	A	X	W	A	J	I	X	L	V	P	I	X	W	R	W														
H	U	C	M	Y	G					Q	A	H	X	B	P			B	V	N	E	C	Z												
I	F	G	S	C	B	C				B	I	I	N	U	A			N	D	Y	E	T	N												
V	N	P	T	Q	U	E				C	N	T	B	R	I			V	E	N	U	Q	T	A											
M	L	N	H	A	U	R	B			K	A	Y	A	M	P			P	S	L	Q	L	N	J	P										
Z	Z	C	N	D	B	U	E			T	Z	B	I	A	W			S	W	T	I	S	E	N	J										
T	R	I	H	D	I	A	N	U		O	N	U	D	B	P			Q	F	G	B	R	W	Z	I	Y									
U	X	K	A	T	T	C	D	Q		P	A	N	N	O	S			K	N	S	M	I	W	X	S	R									
T	P	H	Z	S	J	A	I	F		E	T	Z	I	R	F			C	Q	U	A	L	Q	R	E	G									
X	J	K	V	K	A	L	B	E	R	T	A	Y	N	E	K	D	F	G	L	C	N	V	Z	Z	A	R	T	N	C						
X	F	Y	C	T	S	D	M	C	C	O	D	I	L	X	N	E	I	Q	L	A	Y	G	M	O	N	X	Y	I	U						
J	G	R	O	O	A	L	G	A	N	S	N	Q	R	R	V	R	G	T	A	Q	A	Q	A	M	K	M	L	P	B						
B	U	X	J	U	R	W	A	N	D	A	V	T	E	K	E	D	N	F	I	B	U	Z	F	Q	A	L	O	P	A						
H	T	T	R	V	I	L	G	Y	R	Q	S	U	K	T	A	N	Z	A	N	I	A	I	C	A	A	F	O	I	Q						
U	Z	H	Y	V						B	L	X	D	U	Z	R	F	K	I	S	V	U	L	Z	T	W	Y		J	E	H	L	Y		
V	Q	I	B	X						J	S	Y	L	K	E	G	U	A	T	E	M	A	L	A	R				U	U	C	I	I		
T	M	B	O							R	F	B	A	P	O	I	R	A	T	N	O	C	M	N					A	G	G	H			
F	I	Y	K	Q																									F	H	E	E	P		
X	B	J	N	W																										L	Y	W	Y	B	
Z	Y	J	Y	N	W																									C	N	C	N	U	P
J	Y	L	M	C	B	R	O	D	A	V	L	A	S	L	E	U	R	C	F	I	E	L	I												
K	U	O	Y	A	R	B	C	H	S	E	D	A	L	G	N	A	B	Z	D	S	C														
L	O	C	S	M	V	J	B	Q	W	M	P	W	B	A	N	F	G	F	C																
Q	U	K	C	A	N	A	D	A	H	C	O	L	U	M	B	I	A																		
O	C	I	X	E	M	P	K	G	M	K	D	I	N																						
L	Y	R	P	X	W	I	P	W	Q																										

Super Friends Week

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<p>Get your family to keep track of all of the water they use today. Imagine carrying all that water several blocks from your house every day.</p> 	 <p>Plan a meal with your church group or your family that uses foods that are grown locally.</p>	<p>How many plants do you have in your house? When you look out your windows, what plants do you see? Give thanks to God, Creator of heaven and earth.</p> 	 <p>Find out if any of your friends have moved to Canada from another country. Ask them how it has been getting used to a different home.</p>	<p>Plan a home or church garden — for the summertime.</p> 	 <p>Talk to your parents about using cloth or canvas bags when you go shopping — instead of plastic bags.</p>	<p>Pray for all of the Super Friends around the world and for the work of PWRDF.</p> 

Gather your friends and family to set aside a week to think about your life in Canada and pray for other Super Friends around the world.

Water Word Game

Use the letters in WATER to find the words:



Super Friends can help save and share the world's water.

Pray:

- Go to the internet and learn about water: <http://www.sciencekids.co.nz/sciencefacts/water.html>
- Find out where the water in your tap comes from
- Give thanks to God for the abundant water he has given us

Act:

- Turn off the tap when you brush your teeth
- Take short showers
- Water your garden in the early morning when it is cool so the water doesn't evaporate quickly
- Go around your house and let your parents know about any dripping taps
- Drink tap water, not bottled water

Give:

- Your church collects money to help others, even Super Friends. See if they can use some of this money to help Super Friends around the world to get water closer to home.

Answers to Water word game: tea, rat, eat, hear, wet

Recipe

Parfait



Friends forever

This fruit and yogurt parfait kids recipe is easy to make and is a great breakfast treat for everyone in your family.

What you will need:

- Short drinking glasses or jelly jars
- 3 different spoons — one for the yogurt, one for the fruit, and one for the granola

Ingredients:

- Yogurt — any flavour
- Fresh or frozen chopped fruit that you like
- Granola

Directions:

1. Put some yogurt in the bottom of the glass or jar
2. Add in some fruit
3. Add in the granola
4. Repeat steps 1–3 until the glass or jar is full.



**Super
Friends
Say**

It's super healthy and delicious!



Q: How do you get straight A's?
A: By using a ruler!



Q: What did you learn in school today?
A: Not enough, I have to go back tomorrow!

What's so funny?



Q: Why did the kid study in the airplane?
A: Because she wanted a higher education!



Q: What did the pen say to the pencil?
A: So, what's your point!

Q: How did the music teacher get locked in the classroom?
A: Her keys were inside the piano!



Q: What do librarians take with them when they go fishing?
A: Bookworms!



15 million girls of primary-school age **will never get the chance** to learn to read or write compared to about 10 million boys. Over half of these girls live in sub-Saharan Africa.

UNESCO Institute for Statistics
2016



Girls are more likely than boys never to set foot in a classroom, according to UNESCO. Why?

- **Poverty** — many people do not have enough money for uniforms, books and school supplies
- **Poor health and poor nutrition.** People who are not well don't do well in school
- Many girls have **lots of chores at home** — they cook, clean and look after younger children
- The **long walking distance** to school

Nakuru and her family

Nakuru Lopeeto Lowi of Kapoeta, South Sudan, says she doesn't want to go to school. It's not that she doesn't want to work or to learn to read and write, though. The problem is, if Nakuru were going to school all day, who would provide and care for her four younger siblings as both of her parents have died?

Nakuru wants to be able to plant okra and sorghum to feed her younger siblings but can't, due to drought. Nothing will grow. Getting enough food to eat is a full-time struggle for a young girl like Nakuru. Going to bed hungry is a normal occurrence.

Thanks to Super Friend Canadian Foodgrains Bank, Nakuru and her siblings are some of the 13,500 people getting emergency food rations through a project of Foodgrains Bank member ADRA Canada, supported by funds from PWRDF's Foodgrains Bank account.

Maybe one day Nakuru will once again go to school.



Children's Prayer

Dear God,
We pray for the many children in our world who do not have enough to eat, and who are too weak to run and play.

Help us to share what we have so that they can have enough food to eat, and get strong again.

Amen

The Crisis of Climate Change

The world around us is always changing. If you look out your window long enough, you might see changes in the weather. Look even longer and you might see the seasons change. The Earth's climate is changing, too, but we can't always see the ways in which it is changing.

from the Environmental Protection Agency

The Earth is gradually warming partly because we use too much energy from fossil fuels. Fossil fuels are taken from the Earth such as oil, gas and coal. When they are burned, they go into the Earth's atmosphere and the air around the Earth begins to warm up. It might be hard to feel, but this is making a difference in how people grow crops and get water. Farmers in many countries struggle to grow enough food for their families because of too much or too little rain. As the temperature of the ocean is getting warmer, ice in the polar north melts, and the changes can cause more storms, hurricanes, tornadoes and flooding. This can damage crops, homes, schools, even entire communities.



Meet some Super Friends

Some Super Friends don't speak or read the language of their ancestors. In Kahnawake, Quebec, PWRDF's partner **KORLCC** holds puppet shows to teach children the Mohawk language and culture. The puppet shows focus on healthy eating, planting a home garden and preventing bullying.



Do you or anyone in your family speak another language?

<https://pwrdf.org/2013/teaching-language-and-culture-with-puppets/>



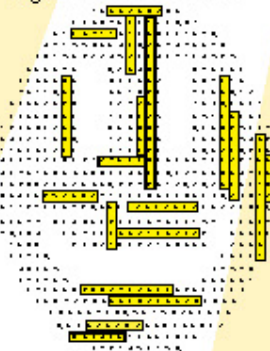
Imagine giving chickens, goats and ducks as a Christmas gift. That is exactly what Sunday school children at **St. Alban's Anglican Church in Grand Bank, NL** did. Over the past year, members of the congregation have been offering their coins to the children each Sunday for a charity of their choice. This year, the students decided to send the \$1,055 they raised to "World of Gifts," sponsored by The Primate's World Relief and Development Fund (PWRDF).

Sunday School children at **St. Cuthberts in Delta B.C.** raised \$100 for PWRDF's efforts in South Sudan when Bishop Kumani of the Diocese of Ibba visited the parish. The Sunday School leader presented the funds during the worship then added a cheque of \$100 of her own to match the children's efforts and then challenged members of the congregation to do the same.

Page 2 word search solution

Z	R	M	U	S	C	I	T	A	M	E	H	T	A	M
R	E	O	E	G	D	E	L	W	O	N	K	Z	E	F
G	H	O	K	T	Z	R	O	S	S	E	F	O	R	P
H	C	R	O	B	W	T	S	T	W	T	E	S	Y	C
K	A	S	M	G	H	N	S	C	H	O	O	L	X	Q
H	E	S	L	Y	F	L	A	N	G	U	A	G	E	X
S	T	A	W	T	Y	F	M	T	L	N	C	M	E	
B	E	L	A	C	K	B	O	A	R	D	Q	F	U	Q
Z	S	C	S	T	U	D	E	N	T	Z	S	E	N	O

Page 3 word search solution



How to Use **SUPER FRIENDS 7!**

Tips for Parents and Teachers

- Share your child's copy of Super Friends 7! with your friends, family and teachers.
- Use Super Friends 7! for children's time during worship, Sunday school and Bible Camp.
- Meet with worship leaders to discuss Super Friends 7! and how topics raised could be explored with the entire congregation.
- Include children in the offertory time or in your congregations' time for mission.
- Read it at home with children — at bedtime!
- Be creative — suggest that children write a prayer for PWRDF Super Friends and partners.
- Show children how to get to the PWRDF websites:
www.pwrdf.org; justgeneration.ca and learn more about PWRDF — together!

**Super Friends say
thank you!**



SUPER FRIENDS What KIDS can do...



Sharing

Share what you know about education in the world — share with your family and friends.

Learning

Start learning a second language like French or Spanish.



Raise Money for PWRDF

Start a community garden at your church and hold a sale and send the money to PWRDF.



Collect coins in a jar and when it is full, send to PWRDF.



Birthdays, Christmas and Easter

Check out PWRDF's World of Gifts the next time you have a celebration and buy a goat, chicks or ducks to help support Super Friends far away.



The Primate's World Relief and Development Fund

THE ANGLICAN CHURCH OF CANADA

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