



# 5 A's of Food Security

- 1 AVAILABILITY**  
food is available to all people at all times
- 2 ACCESSIBILITY**  
people have economic and physical access to food
- 3 ACCEPTABILITY**  
food is culturally acceptable
- 4 APPROPRIATE**  
nutritious, free from harmful chemicals
- 5 AGENCY**  
people have the ability to influence policies or processes that affect their lives



## The Primate's World Relief and Development Fund

THE ANGLICAN CHURCH OF CANADA

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PWRDF's work is supported by Anglicans and other individuals, organizational donors, and the Department of Foreign Affairs, Trade and Development Canada (DFATD).  
Charitable number: 866434640RR0001 Laser-friendly vegetable inks used. Printed on recycled paper. SEP 2016







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## Guatemala

Ana RAMOS participated in Madre Tierra's sustainable agriculture 'peasant to peasant' farmer training. Her family now has a home garden with fresh herbs, tomatoes, plantain and healthy greens.



## Philippines

PWRDF partner The Farmers Development Centre (FARDEC) in the Philippines operates a rice mill that pays farmers more for their rice, charges them less to mill it and provides food for communities.



## Bangladesh

Through UBINIG, Dais (traditional birth attendants) have educated villagers in the production and consumption of organically grown, seasonal vegetables improving their nutritional wellbeing while building a secure source of home grown food.



## Cuba

The Integrated Development Program of the Episcopal Church of Cuba (ECC) has increased community members' knowledge and skills in organic, ecological food production. Community vegetable gardens and the rearing of small animals have led to improved diets and health.



## Sri Lanka – MONLAR

The Movement for Land and Agriculture Reform (MONLAR) works with civil society organizations and networks to give them a voice in policies protecting the rights of small scale farmers and to promote regenerative food production systems.

## AVAILABILITY

## ACCESSIBILITY

## ACCEPTABILITY

## APPROPRIATE

## AGENCY



## Burundi

Through the Diocese of Bujumbura, nutritional and agricultural training empowered villagers to set up their own vegetable gardens, diversify their crops and grow healthy food.



## Mozambique

Agita Martinho has AIDS & was very sick when EHALE staff met her. She regained her strength and joined EHALE's farmer training She grows maize, peanuts, beans, sesame, cassava, pumpkins & other vegetables. Agita shares her training with others ensuring a source of good, nutritious food for all.



## Tanzania

Farmers in the Diocese of Masasi were given seeds to grow maize, cassava and ground nuts. Their seeds were certified as foundation seeds allowing the farmers to grow and sell them while donating 20% of their crop back to the village seed bank for use by others - passing on the benefits.



## Burundi

Through the Diocese of Bujumbura 25 Farmer's Associations were created as platforms to advance and share agricultural knowledge, improve practices and increase food production.



## Philippines:

The Southern Partners Fair Trade Corporation (SPFTC) is a Fair Trade Organization that promotes the sustainable development of excluded and disadvantaged producers providing better trading conditions, awareness raising and campaigning.